Week 3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Meal 1					
	Meatball Pasta with Warm Garlic Bread	BBQ Chicken Burrito with Savoury rice and Salad	Chicken Korma with Rice and Naan Bread	Roast Gammon, Roast Potatoes, Yorkshire Pudding, Gravy and seasonal Vegetables,	Golden Crumb Salmon Fish Fingers with Chips, Beans or Spaghetti Hoops
Light Choice 1	Filled Roll choice of Tuna/Cheese/Ham or Egg	Filled Roll choice of Tuna/Cheese/Ham or Egg	Filled Roll choice of Tuna/Cheese/Ham or Egg	Filled Roll choice of Tuna/Cheese/Ham or Egg	Filled Roll Choice of Tuna/Cheese/Ham or Egg
Light Choice 2	Jacket Potato with either Cheese/Tuna /Beans	Jacket Potato with either Cheese/Tuna /Beans	Jacket Potato with either Cheese/Tuna /Beans	Jacket Potato with either Cheese/Tuna /Beans	Jacket Potato with either Cheese/Tuna /Beans
Dessert	Chefs Choice of Pudding	Chefs Choice of Pudding	Chefs Choice of Pudding	Chefs Choice of Pudding	Chefs Choice of Pudding