



St Mary and St Paul's

PSHE Scheme of Work



We use the Twinkl scheme of work for PSHE. It fits into three areas of learning:

Health and Wellbeing	Relationships	Living in the Wider World
<ul style="list-style-type: none">• It's my Body• Safety First• Growing Up (we will use CWP RSE SOW)• Think Positive	<ul style="list-style-type: none">• TEAM (Together Everyone Achieves More)• Be Yourself• VIPs (special people in our lives)• Digital Wellbeing (E-Safety)	<ul style="list-style-type: none">• Aim High• One World• Money Matters• Diverse Britain

Please see below for year groups and their topics.

The current RSE scheme of work (CWP) has been ratified by governors and has is consulted on each year with parents. We have been teaching this for the past 3 years.



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PSHE Scheme of Work

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 1	KS1 TEAM (Relationships)	KS1 Think Positive (Health and Wellbeing)	KS1 Diverse Britain (Living in the Wider World)	KS1 Be Yourself (Relationships)	KS1 It's My Body (Health and Wellbeing)	Year 1 RSE – 3 lessons CWP KS1 Aiming High (Living in the Wider World) lessons 1 - 3
Year 2	KS1 VIPs (Relationships)	KS1 Safety First (Health and Wellbeing)	KS1 One World (Living in the Wider World)	KS1 Digital Wellbeing (Relationships)	KS1 Money Matters (Living in the Wider World)	Year 2 RSE – 3 lessons KS1 Aiming High (Living in the Wider World) lessons 4 - 5
Year 3	LKS2 TEAM (Relationships)	LKS2 Think Positive (Health and Wellbeing)	LKS2 Diverse Britain (Living in the Wider World)	LKS2 Be Yourself (Relationships)	LKS2 It's My Body (Health and Wellbeing)	Year 3 RSE – 3 lessons CWP LKS2 Aiming High (Living in the Wider World) lessons 1-3
Year 4	LKS2 VIPs (Relationships)	LKS2 Safety First (Health and Wellbeing)	LKS2 One World (Living in the Wider World)	LKS2 Digital Wellbeing (Relationships)	LKS2 Money Matters (Living in the Wider World)	Year 4 RSE – 3 lessons CWP LKS2 Aiming High (Living in the Wider World) lessons 4-6
Year 5	UKS2 TEAM (Relationships)	UKS2 Think Positive (Health and Wellbeing)	UKS2 Diverse Britain (Living in the Wider World)	UKS2 Be Yourself (Relationships)	UKS2 It's My Body (Health and Wellbeing)	Year 5 RSE – 3 lessons CWP UKS2 Aiming High (Living in the Wider World) lessons 1-3
Year 6	UKS2 VIPs (Relationships)	UKS2 Safety First (Health and Wellbeing)	UKS2 One World (Living in the Wider World)	UKS2 Digital Wellbeing (Relationships)	UKS2 Money Matters (Living in the Wider World)	Year 6 RSE – 3 lessons CWP UKS2 Aiming High (Living in the Wider World) lessons 4-6